

HGBJJ SCHEDULE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEKENDS

**10:00 am-
11:30 am**

**ADULT CLASS
Gi**

**ADULT CLASS
NO Gi**

**ADULT CLASS
Gi**

SATURDAY

**SUBJECT TO
CHANGE BASED ON
PARTICIPATION**

**10:00AM-11:00AM
ADULT CLASS
OPEN MAT - GI**

(OPEN MAT MEMBERS ONLY)

**6:00 pm-
7:00 pm**

**JUNIOR
SAMURAIS
(6-13 YRS OLD)**

**JUNIOR
SAMURAIS
(6-13 YRS OLD)**

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SAMURAIS
(6-13 YRS OLD)**

**JUNIOR
SAMURAIS
(6-13 YRS OLD)**

**7:00 pm-
8:30 pm**

**ADULT CLASS
Gi**

**ADULT CLASS
Gi**

**ADULT CLASS
NO Gi**

**ADULT CLASS
Gi**

**SUNDAY
CLOSED**

NOW ENROLLING! EMAIL: HIGHERGROUND@HGBJJ.COM

UPDATED 09/22