

# HGBJJ SCHEDULE



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**WEEKENDS**

**10:00 am-  
11:30 am**

**ADULT CLASS  
NO Gi**

**ADULT CLASS  
Gi**

**12:00 pm-  
1:00 pm  
ADULT CLASS  
Gi  
BEGINNER AND  
FUNDAMENTAL  
CLASS**

**SATURDAY**  
SUBJECT TO  
CHANGE BASED ON  
PARTICIPATION

10:00AM-11:00AM  
ADULT CLASS  
OPEN MAT - GI

(OPEN MAT MEMBERS ONLY)

**6:00 pm-  
7:00 pm**

**JUNIOR  
SAMURAI  
(6-13 YRS OLD)**

**7:00 pm-  
8:30 pm**

**ADULT CLASS  
NO Gi**

**ADULT CLASS  
Gi**

**ADULT CLASS  
Gi**

**ADULT CLASS  
Gi**

**SUNDAY  
CLOSED**

**NOW ENROLLING! EMAIL: [HIGHERGROUND@HGBJJ.COM](mailto:HIGHERGROUND@HGBJJ.COM)**

**UPDATED 01/2026**